

Post-operative Instructions

PALM VALLEY ORAL & MAXILLOFACIAL SURGERY IMPLANT POST-OPERATIVE INSTRUCTIONS

Not all of these side effects may pertain to you. Common sense will often dictate what you should do. However, when in doubt, follow these guidelines or call our office for clarification.

Please do not contact your dentist, family physician or the emergency room before speaking with someone at our office or Dr. Blazic directly.

Monday, Tuesday, Thursday	7am – 4pm	623-935-5774
Wednesday	8am – 5pm	623-935-5774
Friday	7am – 3pm	623-935-5774
Evenings/weekends		623-341-8011

POSSIBLE SIDE EFFECTS AFTER SURGERY

Implantation is a routine procedure and complications are rare. Nonetheless, you may experience some discomfort and other side effects in the period after surgery. Should you experience any side effects, it is important to react appropriately.

BLEEDING

In case of bleeding, bite on a folded pad of gauze for one hour. Do not replace the pad during this time. Keep your head elevated and apply ice to your cheek, 20 minutes on and 20 minutes off. If you continue to experience bleeding, call our office.

SWELLING

You can reduce possible swelling by applying an ice pack to your face. Intermittent application is most effective (20 minutes on and 20 minutes off). Keep your head elevated above chest level during the first two days and nights after surgery.

MEDICATION

Be sure to follow directions on your prescriptions carefully. Be sure to eat prior to taking pain medication to reduce stomach upset.

DENTAL CARE

Do not use a toothbrush, dental floss, or other aids in the surgical area for ten days, or until instructed to do so. Do not rinse within eight hours after surgery as this may cause bleeding. Begin rinsing the day after surgery, three times per day (after breakfast and lunch and before going to bed) with the prescribed rinse solution.